



2019 DATES

# HEART BEAT

The aim of the Heart Beat Club is to develop the life-saving skill of resuscitation and first aid in our community. The training session covers first aid for common child injuries including burns and scolds, choking, drowning and provides information on how to perform child resuscitation or CPR.

Please note: This is a basic CPR course, not an accredited First Aid or CPR certificate.

Participants will learn:

- Strategies to prevent drowning for babies and toddlers.
- How to apply basic first aid to common situations.
- Demonstrated CPR skills.

Presenter:	Royal Lifesaving Society		
Venue:	Fremantle		
Date / Time:	Thursday 21 <sup>st</sup> February	10.00am to 1.00pm	
Venue:	Cannington		
Date / Time:	Tuesday 29 <sup>th</sup> May	10.00am to 1.00pm	
Venue:	Rockingham		
Date / Time:	Wednesday 28 <sup>th</sup> August	10.00am to 1.00pm	
Venue:	East Perth		
Date / Time:	Wednesday 25 <sup>th</sup> September	6.30pm – 9.30pm	

- ❖ Morning tea or evening refreshments will be provided.
- ❖ Child-minding is available for day workshops. Please advise when enrolling if you require this service.



To enrol please contact the Foster Carer Learning team on 08 9218 5500 or email [fosterworkshops@communities.wa.gov.au](mailto:fosterworkshops@communities.wa.gov.au)

