



Impact of Trauma on Children and Youth

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Aim: To explore the impact of complex trauma on the developing child and young person, particularly the disruption to brain development and attachment for children who have experienced significant stress, neglect or abuse.

Target group

- Dept Staff
- Partner agency staff
- Carers

Learning Outcomes

- Explain the impact of trauma on brain development
- Define and recognise various types of trauma and trauma triggers
- Apply Child Development and Trauma Guides
- Recognise the impact of secure and insecure attachment
- Evaluate strategies to support children to heal from trauma
- Identify strategies to develop skills for attachment in children

Training for

-  Staff
-  Sector
-  Carers

Structure

- Day 1**
- Types of trauma and triggers for children.
 - Impact of trauma on brain development.
 - The stress response to trauma; flight / fight / freeze.

- Day 2**
- Impact of trauma on relationships.
 - Impact of trauma on behaviour.
 - Recovery and Therapeutic Care.

Registration

- Child Protection Staff must register using [Employee Self Service](#)
- Other Dept of Communities Staff, Sector Staff and Foster Carers can [Register online](#)

Learning and Development

