



## Creating Sanctuary

### Sanctuary: Creating Sanctuary

**Aim:** To introduce the Sanctuary Model and the 'four pillars' used to create and facilitate sanctuary in Therapeutic Care for Department of Communities.

**Target group:**

- Therapeutic Care staff and general Department staff
- Partner agency staff (specifically out of home care)

**Learning Outcomes**

- Outline the philosophy adopted in the Therapeutic Care Sanctuary Framework.
- Define the 7 Sanctuary Commitments and explain how they are applied in practice.
- Define the S.E.L.F. model and demonstrate its use in assessing/planning processes within the organisation.
- Identify trauma re-enactment, parallel process and collective disturbance and strategies to avoid these.
- Summarise what it means to work effectively from a trauma informed care perspective.
- List the therapeutic tools and explain how they are used in an organisational change model to support the creation of Sanctuary.

Training for  
 Staff  
 Sector

**Day 1**

- Overview and history of the Sanctuary Model
- The 4 pillars of sanctuary
- Community meetings
- Trauma informed practice
- The 7 Commitments

**Day 2**

- The S.E.L.F Model
- Organisational stress
- Team meetings
- Self care plans
- Creating Sanctuary in Therapeutic Care

**Registration**

- Therapeutic Care/Child Protection Staff must register using [Employee Self Service](#)
- Other Dept of Communities Staff, and Sector Staff, can [Register online](#)