



## Therapeutic Crisis Intervention in Therapeutic Care

### Four Day Workshop for Dept Staff in Therapeutic Care

**Aim:** To prevent, de-escalate and manage crisis, aggression and potentially violent situations using a trauma-informed therapeutic approach

**Target group:**

- Dept Staff working in Therapeutic/Secure care

**Learning Outcomes**

- Demonstrate the guidance approach to de-escalate children 's behaviours
- Identify the different stages of the Stress Model of Crisis and the elements of a potentially violent situation
- Demonstrate appropriate interventions at the different stages of crisis
- Explain the importance of emotional competence and demonstrate the co-regulation skills and strategies
- Describe the Conflict Cycle and how to avoid and break that cycle to prevent aggression
- Demonstrate a working knowledge of organisational policies and safety concerns regarding physical restraint
- Demonstrate TCI physical restraints for episodes of physical violence where safety is an issue and no other options remain

Training for



Staff (Therapeutic Care)

**See also these other TCI Workshops:**

- [Therapeutic Crisis Intervention](#)
- [Therapeutic Crisis Intervention refresher](#) (Dept Staff Only)

**Structure**

**Please note:** When this workshop is run outside of the metropolitan area the first 2 ½ days are offered to non-Dept Therapeutic Care Workers who are unable to travel to our TCI 3-day Workshops run in the metro area.

**Day 1-2**

- Crisis Prevention
- Crisis as Opportunity
- De-Escalating the Crisis
- Managing the Crisis

**Day 3-4**

- Crisis Co-Regulation
- Life space interviewing
- Safety interventions
- Assessments

**Registration**

- Therapeutic Care/Secure Care Staff must register using [Employee Self Service](#)

