



Therapeutic Crisis Intervention Refresher

Refresher Workshop for Dept Staff in Therapeutic Care

Aim: To refresh skills to prevent, de-escalate and manage crisis, aggression and potentially violent situations using a trauma-informed therapeutic approach.

Target group:

- Child Protection and Family Support Staff who have completed Therapeutic Crisis Intervention training within the last 12-18 months.

Training for



Staff (Therapeutic Care)

Learning Outcomes

- Demonstrate the guidance approach to de-escalate children 's behaviours
- Identify the different stages of the Stress Model of Crisis and the elements of a potentially violent situation
- Demonstrate appropriate interventions at the different stages of crisis
- Explain the importance of emotional competence and demonstrate the co-regulation skills and strategies
- Describe the Conflict Cycle and how to avoid and break that cycle to prevent aggression
- Demonstrate a working knowledge of organisational policies and safety concerns regarding physical restraint
- Demonstrate TCI physical restraints for episodes of physical violence where safety is an issue and no other options remain.

See also these other TCI Workshops:

- [Therapeutic Crisis Intervention in Therapeutic Care](#) (Dept Staff only)
- [Therapeutic Crisis Intervention](#)

Structure

Day 1

- Goals of therapeutic crisis intervention
- Protective interventions
- Behaviour support techniques
- The conflict cycle
- The elements of a potentially violent situation

Day 2

- Life space interviewing
- Physical restraints
- Assessment

Prerequisites

- Dept Staff must have completed Therapeutic Crisis Intervention training within the last 12-18 months.

Registration

- Child Protection and Family Support Staff must register using [Employee Self Service](#)

Learning and Development

