



Parenting & Discipline Strategies for the Traumatized Child

Being a parent is a tough job! Being a foster parent of a traumatized child is even tougher! In this workshop, we will explore the ultimate child rearing challenge – Discipline! Providing discipline is not about punishment and control, but rather teaching children how to regulate their big emotions, make better choices and to develop healthy relationships and resilience. Based on the collaborative work of Dr Daniel Siegel and Dr Tina Bryson, this workshop will provide you with knowledge and practical strategies to calm the chaos, nurture your child’s developing mind and cultivate courage, curiosity and resilience in your child.

Presenter:	Isabell Georgiou	
Venue:	Armadale	
Date / Time:	Monday – 25 th March	9.30am to 2.00pm
Venue:	Beechboro	
Date / Time:	Friday – 10 th May	9.30am to 2.00pm
Venue:	Rockingham	
Date / Time:	Monday – 2 nd September	9.30am to 2.00pm
Venue:	Video Conference only	
Date / Time:	Wednesday 6 th November	9.30am to 2.00pm

- ❖ Morning tea or evening refreshments will be provided.
- ❖ Child-minding is available for day workshops. Please advise when enrolling if you require this service.



To enrol please contact the Foster Carer Learning team on 08 9218 5500 or email fosterworkshops@communities.wa.gov.au

